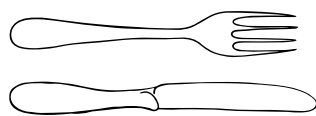
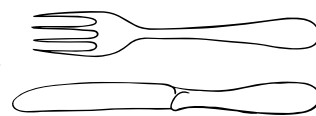


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LE NOSTRE INSALATE



MATILDE

insalata mista, tonno, carciofini, olive, carote, pomodorini

GRECA

insalata mista, feta, cetrioli, pomodori, origano, salsa yougurt

NORDICA

insalata mista, salmone, mais, pomodori, carote



MARINARA

insalata mista, gamberi, mais, carote, maionese

TARKY

insalata mista, pollo, pomodorini, funghi, mozzarella

NATURE

farro, pomodorini, carote, zucchine, fagioli



NIZZARDA

insalata mista, pomodorini, uovo, mais, tonno, carote

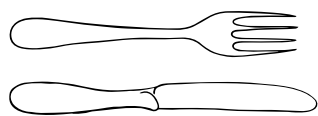
QUASI CEASAR

insalata mista, pollo, carote, mais, maionese

TROPICAL

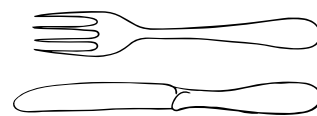
insalata mista, pollo, guacamole, scaglie di parmigiano, carote





E NON SOLO...

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FITNESS

riso con pollo, zucchine e melanzane grigliate

CARPACCIO

carpaccio di bresaola, rucola, pomodorini,
scaglie di parmigiano

CAPRESE

pomodoro verde, mozzarella, basilico



CAPRESE RICCA

pomodoro verde, mozzarella, prosciutto
crudo, carciofini, rucola

